

SUMMER

AESTHETICS

FOREVER YOUNG BBL HEROIC[®] AND FOREVER CLEAR BBL[®] PHOTOFACIALS

PRE-TREATMENT CARE:

1. Inform Your Provider: Inform your treatment provider of any medical conditions, allergies, or medications you are currently taking, including any topical treatments and recent laser treatments.
2. Avoid Sun Exposure: Avoid excessive sun exposure and tanning beds for at least 4 weeks before your treatment. Use a broad-spectrum sunscreen with SPF 30 or higher daily.
3. Discontinue Certain Products: Stop using any retinoids, glycolic acid, salicylic acid, or other exfoliating products 1 week prior to your treatment to avoid irritation.
4. Hydration: Drink plenty of water in the days leading up to your treatment to keep your skin hydrated and enhance the treatment's effectiveness.
5. Avoid Waxing and Threading: Do not wax, thread, or use any hair removal creams on the treatment area for at least 1 week before your appointment.
6. Arrive with Clean Skin: Arrive at your appointment with a clean face, free of makeup, lotions, or perfumes.
7. Medication Review: Discuss any medications or skin treatments you are currently using with your provider to ensure there are no contraindications.
8. Avoid Blood Thinners: Avoid taking blood-thinning medications or supplements, such as aspirin or fish oil, for at least 1 week before your treatment, unless otherwise advised by your healthcare provider.

POST-TREATMENT CARE:

1. Expect Redness and Swelling: Expect redness and slight swelling in the treated areas, which typically subside within a few hours to a couple of days.
2. Avoid Sun Exposure: Avoid sun exposure and tanning (including self-tanners) for at least 2 weeks post-treatment. Apply a broad-spectrum sunscreen with SPF 30 or higher daily and wear protective clothing when outdoors.
3. Discontinue Certain Products: Refrain from using retinoids, glycolic acid, benzoyl peroxide, and other acne treatments for at least one week post-treatment or until your skin has fully healed.
4. Avoid Heat and Exercise: Avoid vigorous exercise, saunas, hot tubs, and excessive heat for 24-48 hours after the procedure.
5. Avoid Alcohol: Do not consume alcohol for 24 hours after the procedure.
6. Keep the Area Clean: Keep the treated area clean and moisturized. Use a gentle cleanser and a hydrating, non-comedogenic moisturizer.
7. Avoid Picking and Scratching: Avoid picking, scratching, or rubbing the treated area. Allow any flaking or peeling to occur naturally.
8. Avoid Heavy Makeup: Avoid wearing heavy makeup for at least 24 hours post-treatment.
9. Stay Hydrated: Stay well-hydrated by drinking plenty of water to support the healing process and maintain the results of your treatment.
10. Follow Skincare Routine: Follow a gentle skincare routine as recommended by your treatment provider, and avoid any harsh or irritating products.
11. Schedule Follow-Ups: Schedule follow-up treatments as recommended to manage and improve acne conditions effectively.

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