

MOXI™ LASER

PRE-TREATMENT CARE:

1. Inform Your Provider: Inform your treatment provider of any medical conditions, allergies, or medications you are currently taking, including any topical treatments and recent laser treatments.
2. Avoid Sun Exposure: Avoid excessive sun exposure and tanning beds for at least 4 weeks before your treatment. Use a broad-spectrum sunscreen with SPF 30 or higher daily.
3. Discontinue Certain Products: Stop the use of any retinoids, glycolic acid, salicylic acid, or other exfoliating products 1 week prior to your treatment to avoid irritation.
4. Hydration: Drink plenty of water in the days leading up to your treatment to keep your skin hydrated and enhance the treatment's effectiveness.
5. Avoid Waxing and Threading: Do not wax, thread, or use any hair removal creams on the treatment area for at least 1 week before your appointment.
6. Arrive with Clean Skin: Arrive at your appointment with a clean face, free of makeup, lotions, or perfumes.
7. Medication Review: Discuss any medications or skin treatments you are currently using with your provider to ensure there are no contraindications.
8. Avoid Blood Thinners: Avoid taking blood-thinning medications or supplements, such as aspirin or fish oil, for at least 1 week before your treatment, unless otherwise advised by your healthcare provider.

POST-TREATMENT CARE:

1. Avoid Sun Exposure: Avoid direct sun exposure and tanning beds for at least 2 weeks after your treatment. Apply a broad-spectrum sunscreen with SPF 30 or higher daily and wear protective clothing when outdoors.
2. Gentle Skincare: Use gentle skincare products as recommended by your provider. Avoid harsh exfoliants and active ingredients like retinoids and alpha hydroxy acids for at least 1 week post-treatment.
3. Avoid Heat and Exercise: Avoid vigorous exercise, saunas, hot tubs, and excessive heat for at least 24-48 hours after your treatment to prevent irritation.
4. Hydration: Continue to drink plenty of water to keep your skin hydrated and support the healing process.
5. Do Not Touch Your Face: Avoid touching, picking, or scratching the treated area to allow the skin to heal and prevent irritation or infection.
6. Avoid Heavy Makeup: Refrain from applying heavy makeup for at least 24-48 hours post-treatment to let your skin breathe and recover.
7. Moisturize: Keep your skin moisturized with a gentle, hydrating moisturizer as recommended by your provider to maintain the treatment's effects.
8. Follow-Up Treatments: Schedule follow-up treatments as recommended by your provider to achieve and maintain optimal results.
9. Monitor Skin Reaction: If you experience any unusual reactions such as severe redness, swelling, blistering, or signs of infection, contact your provider immediately.

LAKE OSWEGO, OR

4309 Oakridge Rd
Lake Oswego, OR 97035
Call/text: (503) 388-3334

RIDGEFIELD, WA

411 N Main Ave
Ridgefield, WA 98642
Call/text: (360) 727-0023